

**Speak** is a coalition of San Francisco K-8 Schools that have joined together to enhance parent education. Our goal: Enrich the education and learning experience for our families, our children and our communities.

**FALL**  
2009

# Speak

SPEAKERS FOR PARENTS EDUCATORS AND KNOWLEDGE

## Participating Schools

Cathedral School for Boys  
Children's Day School  
The Hamlin School  
Katherine Delmar Burke School  
Live Oak School  
Marin Country Day School  
Presidio Hill School  
San Francisco Day School  
San Francisco Friends School  
The San Francisco School  
Synergy School

Kenneth Ginsberg, M.D.

## Raising Resilient Children and Teens



Dr. Ken Ginsburg, a nationally recognized pediatrician in Adolescent Medicine at The Children's Hospital of Philadelphia, aims to start a national dialogue among parents and children of all ages to redefine perceptions of success, and evaluate the significant physical and emotional damage that stress and everyday pressure can have on development. He creates strategies to raise resilient children who are capable of dealing with life's

difficulties and who learn from personal defeat. Ginsberg is the author of *A Parent's Guide to Building Resilience in Children and Teens: Giving Your Child Roots and Wings* and *Less Stress, More Success: A New Approach to Guiding Your Teen Through College Admissions and Beyond*, with Marilee Jones.

**Thursday**  
**November 12**  
**9am**

at the Hall of the Greek Orthodox Annunciation Cathedral, 245 Valencia Street @14th, San Francisco. Limited on-site parking available. Carpooling and use of public transit encouraged.

**Admission** Free for participating school educators and parents; \$10 for non-members.

**Coming March 23, 2010 • 7pm**

## Smart Parenting in an Online World

common sense  
media

**Ann Zehren** from CommonSense Media, **B.J. Fogg**, Stanford Professor and author of *The Psychology of Facebook*, and **Matt Levinson**, Assistant Director and Head of the Middle School at Nueva School, participate in a panel discussion on parenting in the digital age. This community forum will speak to the unique challenges faced by parents trying to manage and understand the revolution in communication and information technology that is part of their children's lives. It is an extraordinary opportunity for parents to gain insight into the educational, social and psychological implications of growing up as a digital native.